

Rocker Mouse Rockstick mouse 2

Testimonial

I have been using the Rocker Mouse at work consecutively for about two weeks now. My work involves working with a computer so I have to click a lot with a mouse. Despite of my young age, I have had troubles with my wrist for some time. Problems with the mouse hand have also caused tedious, recurrent tenosynovitis and the troubles have always increased due to continuous use of mouse. When I started in my new job, I talked with the occupational physiotherapist, who lend me this Rockstick mouse 2 in order to test if it could help me with my troubles.

At first the idea of so different mouse was weird and yet the appearance made me think that it will take for a long time to get used to the mouse. Fortunately I got used to the mouse very fast and it practically took only a few days when I forgot that the Rocker Mouse was so different. Working with the Rocker mouse soon was similar compared to a regular mouse. From the beginning I experienced that in my situation and work, where the wrist is strained due to heavy clicking, the Rocker Mouse was a very good tool. I didn't notice at all that the mouse had made my wrist worse. On the contrary I experienced that the strain was decreased.

I also tested the mouse for a couple of days with the left hand, because of this skill I have had to learn due to tenosynovitis. I like the fact that you don't have to change any settings and all you need to do is change the switch at the bottom of the mouse to L-position and the mouse is ready to use with a left hand. For me this option to use the left hand is one criteria when choosing a mouse.

Double-clicking with the Rocker Mouse in fact was the only thing I had to learn. Clicking two times a row was not as natural and smooth but relatively stiff compared to a regular mouse. However this was a very small matter, which I got used to with time.

The scroll button was in a natural position under the thumb. Also the strain from scrolling was reduced because instead of an index finger scrolling is done with a middle finger and the movement with the wrist is slightly different.

I noticed one possible negative factor with the mouse. Often when you take hold of the mouse the grip is smaller than probably originally is meant. This is because I'm constantly changing my right hand between the keyboard and mouse. However I don't feel that it's a very meaningful problem because the clicking move with the mouse is in any case bigger or wider compared to doing it only with a one finger. On the other hand it's also good with the mouse that you can place your fingers on the mouse in many different ways that the user feels the most comfortable.

I believe that the Rocker Mouse is a great way especially in the long-run in preventing problems with the mouse hand. At least for myself the mouse was excellent, even irreplaceable and that's why it was sad to give it up when I had to return it to the physiotherapist. As soon as I switched back to a regular mouse I started to feel the strain in my wrist and pain in my hand.

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